## **FREE LUNCH & LEARN WORKSHOP**

By Elements Financial | Your Credit Union Partner

# Money on Your Mind

#### In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.
- \*Lunch will be provided!

All employees who attend all 2024 Elements Financial Events will be rewarded with a grand prize!

### Join Us

Wednesday, March 27
11:30 AM - 12:30 PM | Eastern
Java Blue

## Register

elements.org/verabradley



