

# FREE LUNCH & LEARN WORKSHOP

By Elements Wealth Management

## Surviving Market Swings

### In this workshop, you'll learn about:

- > Strategies for combating stress when the market drops
- > Ways to attempt to prepare for financial storms
- > Things to watch for in an ever-changing market

Lunch will be provided

### Join Us

Wednesday, July 19

12:00 PM - 1:00 PM | Eastern  
Conference Room



### Register

[elements.org/thienemanconstruction](https://elements.org/thienemanconstruction)



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