

# PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Spending

## In this workshop, you'll learn about:

- > Preparing a personal simplified budget
- > Your unique financial strengths and weaknesses
- > Accelerated resources that will help you restructure and consolidate your debt

## Join Us

Monday, March 31

Available to view 5:00 AM - 10:00 PM |

Eastern

Online Webinar

## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health