

# PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Spending

In this workshop, you'll learn about:

- > Basic strategies to better manage your money
- > The steps to take to reach your financial goals
- > How your spending habits impact your finances

**You may view this 30 minute recorded webinar any time on this date between 5am-10pm!**

## Join Us

Friday, August 30

Available to view 5:00 AM - 10:00 PM |

Eastern

Online Webinar

## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health