## PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

## **All Hands on Debt**

In this workshop, you'll learn about:

- > Spending patterns that lead to debt
- > Rebuilding financial life after debt
- > Strategies for reducing or paying off deb

You may view this 30 minute recorded webinar any time between 5:00am-10:00pm\*

## Join Us

Wednesday, November 29
Available to view 5:00 AM - 10:00 PM |
Eastern
Online Webinar

## Register

elements.org/iuhealth





